10. Constitutions of 1818, nr 25

Historical Documents, p 246

"As the world will always have, as our Lord predicted, hatred for Christianity, and it is impossible to foresee to what excesses ever increasing irreligion and impiety may cause, the Society of the Heart of Mary must be a nursery of virgins and martyrs who will prefer, if necessary, to shed their blood and suffer all kinds of affronts and torments rather than doing anything against the honor of Jesus and his most Holy Mother. »